

RECLAMATION

a feminine empower program: heal to reclaim

January/February

SUN	MON	TUES	WED	THU	FRI	SAT
8 WEEK ONE CALL @ 4pm PST	9	10 Healing Hour Call @ 3pm PST	11		13	14
WEEK ONE: intention setting						
15 WEEK TWO CALL @ 4pm PST	16	17	18	19	20	21
WEEK TWO: ancestral healing						
22 WEEK THREE CALL @ 4pm PST	23	24	25	26 Healing Hour Call @ 3pm PST	27	28
WEEK THREE: inner child healing						
29 WEEK FOUR CALL @ 4pm PST	30	31	1	2	3	4
DAILY HEALING CIRCLE @ 7pm PST						
WEEK FOUR: womanhood healing						
5 WEEK FIVE CALL @ 4pm PST	6	7	8	9	10	11 RELEASING CEREMONY @ 4pm PST
WEEK FIVE: forgiveness & releasing						

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february/march

SUN	MON	TUES	WED	THU	FRI	SAT
12 WEEK SIX CALL @ 4pm PST	13	14	15	16 Hypnosis @ 5pm PST	17	18
WEEK SIX: reclaiming our body						
19 WEEK SEVEN CALL @ 4pm PST	20	21	22	23	24	25
WEEK SEVEN: reclaiming our pleasure						
26 WEEK EIGHT CALL @ 4pm PST	27	28	1	2 Healing Hour Call @ 3pm PST	3	4
WEEK EIGHT: reclaiming our wealth						
5 WEEK NINE CALL @ 4pm PST	6	7	8	9	10	11
WEEK NINE: reclaiming our fears						
12 WEEK NINE CALL @ 4pm PST	13	14				
WEEK TEN: closing ceremony						

GROUP CALLS:

- Sundays @ 4pm PST
 - **Call Length: ~ 90 Minutes**
 - *You can join either Pod depending on the time zone you are in. This call you will receive the LIVE lesson for the week. After the call within 24 hours the lesson will be uploaded to the Kajabi portal.*
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HEALING HOURS/ HYPNOSIS (W/ DK + LUKA):

- Call Length: ~ 60 – 90 Minutes
- Dates: January 10, 26th, Feb 16th & March 2nd
 - *This call will be with myself & my partner Luka (Hypnotherapist + Mentor) for you to bring anything you are struggling with at the moment. You can have a hot seat to help you process what you are moving through and hold space for the other souls in the program*

DAILY HEALING CIRCLE:

- Call Length: 30 Minutes
- DATES: January 30th – February 11th
- *These will be a guided LIVE meditation, healing & mantra call on. All cameras will be off except for mine to hold a sacred space for thyself & work through what has been brought up in the program.*